



## HOMOEOPATHIC PERSPECTIVES IN COVID-19.

### Homeopathic

<b>Dr. Sunil Prasad</b>	Research Officer(h), Scientist-3, Clinical Research Unit For Homoeopathy, Ranchi.
<b>Dr. Ramesh Prasad</b>	Research Officer(H), Scientist-2, Clinical Trial Unit On Viral Encephalitis, BRD Medical College, GKP.
<b>Dr. Vibha Kumari</b>	Research Officer(H), Scientist-1, Clinical Verification Unit, Patna.
<b>Dr. Avinash Kumar*</b>	Junior research fellow, Clinical Research Unit For Homoeopathy, Ranchi. *Corresponding Author
<b>Dr. Nitesh Kumar</b>	Junior research fellow, Clinical Research Unit For Homoeopathy, Ranchi.
<b>Dr. Ashish Shrivastava</b>	Senior research fellow, Clinical Research Unit For Homoeopathy, Ranchi.

### ABSTRACT

COVID-19 Pandemic is declared global health emergency by World Health Organisation. COVID-19 has so far affected 216 countries or territories or areas and has infected over 11,563,642 people globally. In India, COVID-19 has 9,37,884 active cases and has claimed 24,307 lives so far, as per the Ministry of Health and Family Welfare, Government of India. Researches are going throughout the world to solve the mystery of Corona Viruses. But still no accurate treatment (curative medicines) or vaccine has yet developed. The present article deals with Homoeopathic perspectives in COVID-19 both as preventive and curative.

### KEYWORDS

COVID-19, Homoeopathy, WHO, treatment, prevention.

### INTRODUCTION :

The global public health emergency of COVID-19 pandemic caused by Severe Acute Respiratory syndrome corona virus 2, has been unfolding rapidly that emerged in Wuhan, China and has now spread to at least 216 countries so far. On December 2019, World Health Organisation was alerted about an outbreak of several cases of pneumonia in Wuhan city, Central Hubei Province of China raising concern since the affected patients were geographically linked with a local wet market as a potential source with 12% risk of death. On 7 January 2020, Chinese authorities confirmed identification of a novel corona virus, named "2019-n-CoV" from the family of viruses that include SARS-CoV-2 and MERS-CoV.

### 1.1 EPIDEMIOLOGY :

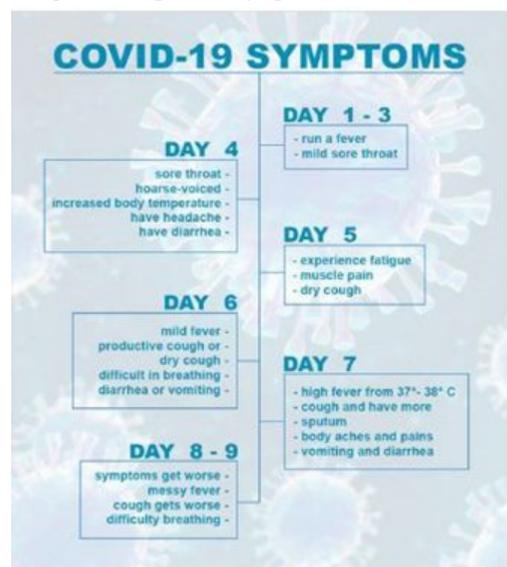
So, far as on date 06 July 2020, 11,563,642 globally confirmed cases are reported and in India 9,37,884 active cases and has claimed 24,307 lives so far. Person to person transmission of SARS-CoV-2 in hospital and family settings may be suggested.



### 1.2 Causative Agent :

SARS-CoV-2 is a type of RNA virus which is zoonotic in origin and it is estimated that Corona virus infections are likely to emerge periodically in humans due to frequent cross-species infections and occasional spill over events. Corona viruses are a large family of viruses that cause the common cold as well as more serious respiratory illness. There are six known human corona viruses which were first identified in the 1960s from patients with the common cold. The transmission of corona virus is reported to be reported through respiratory droplets, human contact and faecal-oral route.

### Chronological development of symptoms of COVID-19.



### HOMOEOPATHIC APPROACH IN COVID-19.

With no available vaccine against corona virus, and WHO has recommended that "it is ethical to offer unproven interventions with as yet unknown efficacy and adverse effects, as potential treatment or prevention. During EBOLA outbreak in 2014, Homeopathic intervention on asymptomatic persons who have the characteristic of silent transmission can offer protective effects on this population. Homeopathic medicine at ultra diluted doses favourably modulate the immunity of individuals to recover from the diseases.

### HOMOEOPATHY AS PROPHYLAXIS IN COVID-19.

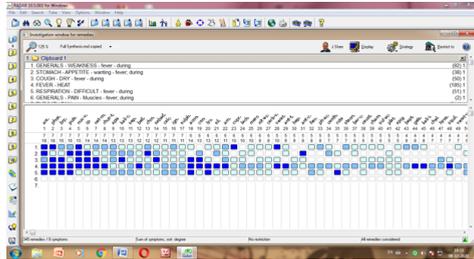
There is now substantial evidence base supporting the evidence of homeoprophylaxis but the quality of the evidence is variable. Homeopathy has proven beneficial in past flu like illness and respiratory disease.

In COVID-19, as the generic symptomatology is known from the studies in China and other most effected countries, a preventive medicine should be selected on the basis of those symptoms.

**Repertorisation of available symptoms :**

Rubrics selected ( main symptoms ).

1. Generalities : weakness , fever, during.
2. Stomach : appetite; wanting; fever; during.
3. Cough : dry; fever; during.
4. Fever, heat; zymotic fever.
5. Respiration ; difficult; fever ;during.
6. Generalities muscles pain , fever during.
7. Throat pain; fever during.
8. Chest; inflammation ;lungs, pneumonia; influenza, in or after.



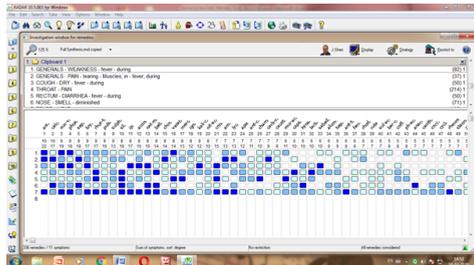
**Homoeopathic Approach In Active Covid-19 Cases:**

Homoeopathy has proven beneficial in treating active COVID-19 cases also. The approach depends upon different stages. Homoeopathy being a holistic medicines takes into consideration various symptoms relating to disease as well as to other symptoms related to patient as a whole.

**FIRST STAGE :**

Repertorisation of rubric for first stage :

1. Generalities ;weakness; fever ; during.
2. Generalities ;pain; tearing; muscles; fever heat; during.
3. Cough; dry; fever; during.
4. Throat; pain; fever; during.
5. Rectum; diarrhea; fever; during.
6. Smell ;diminished; taste, and diminished; coryza; with
7. Abdomen ; pain; fever; during.
8. Fever, heat; weather; warm, in.
9. Fever, heat; zymotic fevers.
10. Stomach; appetite; wanting; fever; during



**Repertorial Result :**

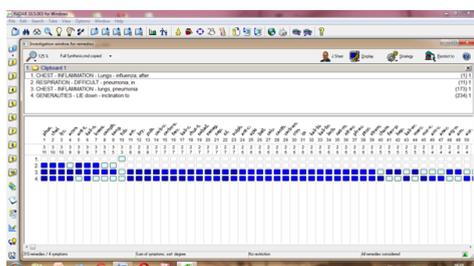
Arsenic alb ,Phosphorous and Nux-vom are some of the main remedies in first stage.

**SECOND STAGE :**

with features of pneumonia.

**Repertorisation of rubrics :**

1. Chest; inflammation; lungs; pneumonia; influenza, in or after.
2. Respiration; difficult ;pneum onia, in.
3. Chest; inflammation; lungs, pneumonia; weakness.
4. Chest; pain; cough; during.
5. Chest; pain; cough; during.
6. Generalities;lie down; inclination to.

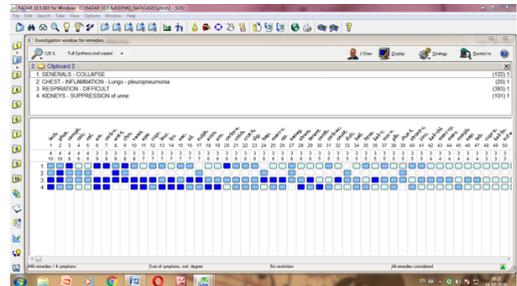


**Repertorial result :**

**Phosphorous, Antim-t, Carbo-v, Merc are the important medicines for this condition .**

**THIRD STAGE:**

1. Generalities ; collapse; threatening
2. Generalities; collapse; fever; during.
3. Chest; inflammation; lungs, pneumonia; old people
4. Respiration; difficult ;pneumonia; in; old people.
5. Respiration ;difficult; pneumonia, in old people.
6. Chest; inflammation; lungs, pneumonia; collapse; with
7. Kidneys; suppression bof urinr , anuria.



**Repertorial totality :**

**Lachesis , Phosphorous and Camphor are the main medicines.**

**CONCLUSION :**

Homoeopathy is a science of holistic medicine . In present situation of the COVID-19 pandemic homoeopathy can be used both as cost effective preventive and curative medicine depending upon the case.

**REFERENCES**

1. A review on the role of Homoeopathy in epidemics with some reflections on COVID-19 (SARS-CoV-2), Year: 2020 | Volume : 14 | Issue : 2 | Page : 100-109. IJRH
2. Homoeopathy in epidemics: Bridging the gap, Year : 2020 | Volume : 14 | Issue : 2 | Page : 77-79. IJRH
3. Enabling use of Homoeopathy in India's preparedness for pandemic/epidemic situation like COVID-19 Suhana Panaparambil Azis, Harleen Kaur. Year : 2020 | Volume : 14 | Issue : 2 | Page : 143-151. IJRH
4. www.who.int/covid-19
5. CORONAVIRUS RESEARCH: KEYS TO DIAGNOSIS, TREATMENT, AND PREVENTION OF SARS Mark R. Denison, M.D.